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## **NORCAL Group Foundation Awards Six Grants Focused on Improving Health & Wellness**

San Francisco (July 23, 2018)— The NORCAL Group Foundation, dedicated to improving healthcare in local communities, is pleased to announce its Spring 2018 grant recipients. Six organizations have been awarded funding for initiatives and programs focused on patient care, patient safety and physician wellness:

- **Asian Health Services** of Oakland, CA
- **Indian Doctor’s Club Charitable Foundation, Inc.** of Houston, TX
- **Northeast Valley Health Corporation** of San Fernando, CA
- **St. Anthony Foundation** of San Francisco, CA
- **The Southwest Florida Free Pain Clinic** of Fort Myers, FL
- **University Faculty Associates** of Fresno, CA

“There are so many opportunities to impact healthcare in local communities,” said Joy Corso, president of the NORCAL Group Foundation. “The work our grant recipients are doing is a great example of meaningful efforts to improve local healthcare for both patients and physicians, and we are very proud to support these endeavors.”

One such endeavor is the FRESNO Project through the University Faculty Associates. This sleep study program identifies factors that lead to excessive fatigue of physicians in the residency program, with the goal of improving the well-being of practitioners—ultimately improving wellness and patient care.

“The generous grant from NORCAL Group Foundation will enable us to expand The FRESNO Project pilot program to all residency and fellowship programs at UCSF Fresno, with the hope to be a model to address physician fatigue across the country,” said Lynn Keenan M.D., clinical professor at UCSF Fresno. “Physician fatigue from sleep deprivation or sleep disorders has been shown to adversely impact learning, judgment, and quality of life.”

### **About NORCAL Group Foundation**

Established in 2017, the NORCAL Group Foundation supports improving healthcare in local communities through grant giving focused on patient care, patient safety and physician wellness. The Foundation is a

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non-profit organization established by NORCAL Mutual Insurance Company. For more information on eligibility and giving cycles, please visit [norcalgroupfoundation.org](http://norcalgroupfoundation.org).

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